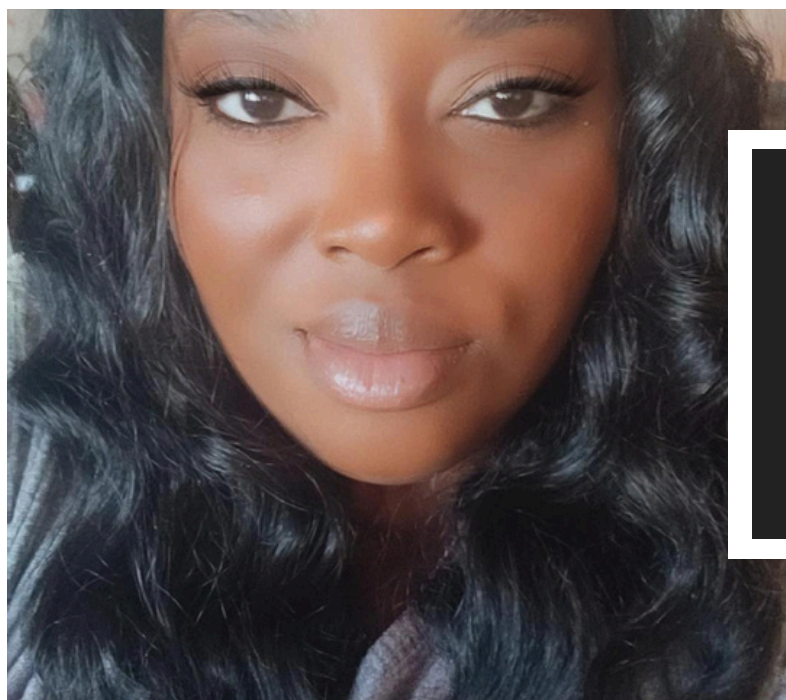


EXECUTIVE CHEF | FOUNDER | FOOD SPORT COMPETITOR
MENTAL HEALTH ADVOCATE | AUTHOR



KISHA WASHINGTON



ABOUT KISHA WASHINGTON

Self Published Author of Cultivating
Healthy Minds
James Beard Foundation Legacy Network
Advisor 2023-2024
Gleam Network Mentor
Featured on shows: Food Network Fakers
vs Bakers and Plate It Baltimore!
Featured in Canvas Rebel, and Bold
Journey Online Magazine
Featured on Chef without Restaurants,
The River 95.3, Suicide Sucks, Feel Good
Talk, Tendrils of Grief and Chefs Diary
Podcast
Crisis Text Line Volunteer Trained
Counselor
Applied Suicide Intervention Skills
Trained
Trained Suicide Bereavement Facilitator

8 Time Top 10 winner at The World Food
Championships
2 Time Top 3 Winner at WFC
2 Time Top 3 Biscuits and Jam Winner
2 Time People's Choice Winner
3 Time 1st place and Grand prize with
Riunite Wine and NCACS
Judge for MD Restaurant Association,
National Prostart Competition, National
Scholarships at the NRA, and James
Beard Legacy Program

